

September 30 marks National Day for Truth and Reconciliation and Orange Shirt Day. On this day, we honour the children who never returned home from residential schools, the Survivors, Intergenerational Survivors, and Indigenous communities. It is a time to reflect on the intergenerational impacts of residential schools and to honour the message that "Every Child Matters." The orange shirt symbolizes the cultural loss, stripping away of freedom, and diminished self-esteem experienced by Indigenous children over generations.

Reconciliation is not a single day but a lifelong journey. We acknowledge that health care in Canada is not equally safe for everyone, and we are committed to ensuring that care provided by naturopathic doctors is safe, respectful, and grounded in cultural humility. We also recognize our role in building trust and improving safety within the healthcare system, and we commit to listening, learning, and acting to dismantle systemic barriers that perpetuate harm.

**Learning Resources:**

- [Truth and Reconciliation Commission of Canada](#)
- [National Centre for Truth and Reconciliation](#)
- [Orange Shirt Society](#)
- [Cultural Safety Learning Resources](#)
- [GCIndigenous on YouTube](#)
- [National Inquiry into Missing and Murdered Indigenous Women and Girls](#)
- [#IndigenousReads](#)

*BCND will be closed on September 30 to observe National Day for Truth and Reconciliation. We will take this time for reflection and action, acknowledging the past and recommitting to creating safer, more inclusive care for all*

**NATIONAL DAY  
FOR TRUTH AND  
RECONCILIATION**

**September 30, 2025**

