

## Happy Naturopathic Medicine Week!

On behalf of the BCND Board of Directors, I am pleased to recognize Naturopathic Medicine Week, taking place **May 3 to 9, 2026**.

This year carries added significance. The Province of British Columbia has formally proclaimed May 6 as “Naturopaths Day,” recognizing the contributions of naturopathic doctors to the health and well-being of people across the province and reflecting the growing visibility and impact of the profession within BC’s healthcare system.

Naturopathic Medicine Week is an opportunity to highlight the role naturopathic doctors play in supporting patients, families, and communities. It is also a moment to reflect on the depth of your work. You provide care that is attentive, patient-centred, and grounded in both clinical knowledge and a broader understanding of health.

This year we continue to emphasize the value naturopathic doctors bring through collaboration, expertise, and compassion. This includes working alongside other health professionals, supporting continuity of care, and helping patients navigate increasingly complex health needs.

Across British Columbia, naturopathic doctors are providing primary care in a wide range of settings and are often a consistent point of care for patients navigating gaps in the system, helping to expand access across the province.

At a time when the healthcare system is under pressure, the work you do matters even more. It contributes to more comprehensive care, supports better patient outcomes, and helps strengthen the overall system.

This week is an opportunity to share that story. Whether through conversations with patients, engagement with colleagues, or participation in broader advocacy, your voice helps shape how the profession is understood and how it continues to evolve.

On behalf of the Board, thank you for your ongoing commitment to your patients, your communities, and the profession.

Happy Naturopathic Medicine Week!



Dr. Vanessa Lindsay, ND